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# The Urgency Of The Youth Red Cross Extracurricular Activity Program In Shaping Students Ta'awun Behavior At Smk Negeri 1 Bengalon

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#### **ABSTRACT**

The purpose of this study was to determine the urgency of the youth red cross extracurricular activity program in shaping students ta'awun behavior at SMK Negeri 1 Bengalon. Meanwhile, the type of research that the author uses in this research is field research using a qualitative research approach. In collecting data, the author uses data collection techniques, namely participant observation, structured interviews, documentation. Based on the results of the study, it can be concluded that the ta'awun behavior of students at SMK Negeri 1 Bengalon can be applied by some students by forming ta'awun behavior such as providing medical assistance to those in need. The PMR extracurricular activity program at SMK Negeri 1 Bengalon is like developing the character of volunteerism. The urgency of the youth red cross extracurricular activity program in shaping students' ta'awun behavior is that it can build ta'awun character and instill humanitarian values.

Keywords: Urgency, Activity Program, Youth Red Cross Extracurricular, Students

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### **INTRODUCTION**

Adolescence is a very important developmental phase in an individual's life. During this time, adolescents experience significant changes physically, emotionally, and socially. This phase is known as the transition from childhood to adulthood, where adolescents are often faced with various developmental challenges. Adolescents are curious, and often use this period as a period of exploration, both in positive and negative ways. In this context, the role of moral guidance and teaching becomes very important to shape their character to become a person with integrity.(Ermayani 2015)

In adolescence, interaction with peers plays a big role in the formation of self-identity. Teenagers tend to imitate the behavior of their social groups and are often less able to distinguish between good and bad. Therefore, the role of educational institutions and activities outside of formal learning is needed to help teenagers find a positive direction. Extracurricular activities are one of the solutions in directing the interests and talents of adolescents to productive and useful things. (Nursania Gultom, Supentri 2023)

In the context of school education, the introduction to social and human values can be facilitated through various extracurricular activities. One of the extracurricular activities that focuses on youth character building is the Youth Red Cross. This activity aims to form teenagers who are not only physically healthy, but also have a sense of empathy and concern for others. Through Youth Red Cross, teenagers are taught about the importance of helping and sharing with others, which is an important foundation in shaping ta'awun or helping behavior. (Nurasiah, Lestari, and Damanhuri 2018)

In addition, extracurricular activities such as Youth Red Cross also help in developing adolescents' leadership potential. By participating in Youth Red Cross, students learn to work in teams, manage conflicts, and make decisions that are oriented towards common interests. These values are very relevant to ta'awun behavior, which emphasizes the importance of cooperation and mutual cooperation in solving social problems.

Ta'awun or helping behavior is one of the fundamental values in social life. Ta'awun emphasizes the importance of helping others regardless of religious background, ethnicity, or social status. In the context of education, the value of ta'awun is very important to instill in students from an early age so that they grow into individuals who care and are responsible for the surrounding community. (Wasitowati and Sudarti 2019)

Youth Red Cross extracurricular activities at SMK Negeri 1 Bengalon specifically play a role in developing ta'awun behavior in students. With various trainings and activities conducted regularly, learners are taught about the importance of providing first aid, helping disaster victims, and engaging in social action. These activities provide learners with a deep understanding of humanitarian values and the importance of playing an active role in society. Based on the explanation that has been presented, the author is interested in discussing and conducting research with the title "The Urgency of the Youth Red Cross Extracurricular Activity Program in Shaping Ta'awun Behavior of Students at SMK Negeri 1 Bengalon".

Based on the background that has been described, the objectives of this study are: 1) To find out the ta'awun behavior of students at SMK Negeri 1 Bengalon. 2) To find out the youth red cross extracurricular activity program in shaping students' ta'awun behavior at SMK Negeri 1 Bengalon. 3) To find out the urgency of the youth red cross extracurricular activity program in shaping students' ta'awun behavior at SMK Negeri 1 Bengalon.

#### **METHOD**

In this research, the type of research that the authors use for this research is field research (Field Research), which is based on data and information related to the urgency of the Youth Red Cross extracurricular activity program in shaping the Ta'awun behavior of students at SMK Negeri 1 Bengalon.

The qualitative research approach is a research method based on the philosophy of postpositivism, used to research on natural object conditions, where the researcher is a key instrument, sampling of data sources is carried out by purposive sampling, data collection techniques with triangulation (combined), data analysis is inductive / qualitative,

and qualitative research results emphasize meaning rather than generalization. (Sugiyono 2013)

In this study the authors will use qualitative or descriptive qualitative research. A qualitative approach is a research and understanding research process based on a methodology that investigates a social phenomenon and social problems in the field. This means that researchers go directly to the field to make observations about a phenomenon in a natural situation. Researchers used a qualitative approach with the aim of getting a more in-depth picture of the urgency of the youth red cross extracurricular activity program in shaping students' ta'awun behavior at SMK Negeri 1 Bengalon.(Fadli 2021)

The primary data sources in this study are two informants from the coach of SMK Negeri 1 Bengalon, one informant from the principal of SMK Negeri 1 Bengalon, two informants from Youth Red Cross members of SMK Negeri 1 Bengalon and one informant from the Head of Indonesian Red Cross Headquarters of East Kutai Regency. The data collected by the author is the opinion or perception of each informant regarding the urgency of the youth red cross extracurricular activity program in shaping students' ta'awun behavior at SMK Negeri 1 Bengalon. The observation used by the author is participant observation, because the author is directly involved with the object to be studied. Similarly, the interview used by the author is a structured interview, because the author can ensure that all respondents answer the same questions so as to allow consistent comparison between answers.

### FINDING AND DISCUSSION RESEARCH RESULT

### 1. Ta'awun Behavior of Students at SMK Negeri 1 Bengalon

In Islam, ta'awun is an important teaching that emphasizes collaboration in goodness and piety, and prohibits working together in matters of sin and enmity (Muhammad Ahsan 2017). At SMK Negeri 1 Bengalon, ta'awun behavior cannot be applied by students as a whole. This is in accordance with the results of an interview with Mrs. Nurhaedah S.Kom as the coach of the Youth Red Cross of SMK Negeri 1 Bengalon, she said that students have not been able to spontaneously take action to help each other because there are still many children who do not have a sense of empathy in themselves when someone needs help.

The lack of students in applying ta'awun behavior at school is a fairly complex problem. This can be caused by several factors, such as lack of understanding of the concept of ta'awun, lack of role models from the surrounding environment, and lack of opportunities to practice working together.

In this case, according to the results of an interview with Mrs. Andi Asriani, S.Pd, M.Pd as the principal of SMK Negeri 1 Bengalon, she said that students at SMK Negeri 1 Bengalon need role models from the surrounding environment to build ta'awun behavior in themselves so that they can understand the concept of ta'awun behavior. The same thing was also conveyed by Whelly Octavian Riski as a member of the Youth Red Cross of SMK Negeri 1 Bengalon, he said that students certainly have ta'awun behavior within

themselves such as donating funds to the families of students who died, it's just that sometimes there are still those who lack empathy within themselves so that not all students can apply ta'awun behavior in their daily lives.

Thus, based on the results of interviews from several informants, researchers can conclude that students at SMK Negeri 1 Bengalon have ta'awun behavior within themselves, but there are still some students who do not implement ta'awun behavior in their daily lives. The forms of ta'awun behavior that have been implemented by students at SMK Negeri 1 Bengalon are giving donations to students affected by disasters, providing first aid to students who need medical assistance, and providing health counseling to fellow students.

### 2. Youth Red Cross Extracurricular Activity Program in Shaping Students' Ta'awun Behavior at SMK Negeri 1 Bengalon

Youth Red Cross is a youth organization under the auspices of the Indonesian Red Cross. PMR is a forum for teenagers to develop their potential in the humanitarian, health and social fields. The main objective of the Youth Red Cross is to foster and shape the character of adolescents who care about others and are ready to become volunteers who are able to contribute to humanitarian activities. (Nafi' 2022)

The Youth Red Cross extracurricular activity program at SMK Negeri 1 Bengalon is designed to improve the skills and concern of teenagers for others through various humanitarian activities, such as social services, providing assistance to disaster victims, Weekly Training and picket activities in this case being a medical team to perform first aid. All of these activities have the essence of ta'awun behavior because they teach members to work together and provide assistance to others in need.

This is in accordance with the results of an interview with Mr. Latika Pena, S.Pd, as the supervisor of the Youth Red Cross of SMK Negeri 1 Bengalon, he said that through activities such as first aid training, social services, and picketing for big day activities, members of the Youth Red Cross can learn to develop empathy, solidarity, and social awareness so that the formation of helping behavior and caring for others. The Youth Red Cross extracurricular activity program can provide opportunities for students to form positive social relationships through various activities, such as social services. Thus, Youth Red Cross activities can help learners to create positive social relationships. Through the Youth Red Cross activity program, it can help learners to develop Ta'awun behavior which includes cooperation, solidarity, and concern for others.

With the Youth Red Cross extracurricular activity program at SMK Negeri 1 Bengalon, students can improve their humanitarian spirit such as ta'awun because they have been introduced to the seven basic principles of the Youth Red Cross, one of which is equality. So the meaning of equality is not to discriminate between ethnicities, religions and others in accordance with the principle of Ta'awun.(Octama 2013)

Based on the results of interviews from Mr. Willhelmus Wio Doi, SE as the head of the East Kutai Regency Indonesian Red Cross headquarters, he said that the activities carried out by the East Kutai Regency Indonesian Red Cross in shaping Ta'awun behavior

such as humanitarian values education about the basic principles of the Red Cross and Red Crescent Movement, which emphasizes humanity, equality, volunteerism, neutrality, independence, unity and universality. Then organize activities such as first aid, disaster simulation, social service, help, and health socialization so as to foster a sense of empathy, concern and social responsibility. And of course, members of the Youth Red Cross will have a faster response when there are people who need help.

Thus, based on the results of interviews from several informants, researchers can conclude that the Youth Red Cross extracurricular activity program is to develop the character of martyrdom, train skills, and foster a humanitarian spirit. Routine Training is a Youth Red Cross work program at SMKN 1 Bengalon to train the skills and knowledge of Youth Red Cross members so that they have the provision to be able to go directly to help and help those in need both in the community and in the school environment. besides that, the Youth Red Cross activity program is social service, health socialization, first aid training, and picket activities. This activity program certainly aims to foster a sense of empathy, caring and social responsibility.

### 3. The Urgency of the Youth Red Cross Extracurricular Activity Program in Shaping the Ta'awun Behavior of Students at SMK Negeri 1 Bengalon

Urgency is a condition that describes the level of importance or urgent need for something. According to Ruswandi, urgency is a condition that indicates an urgent level of importance and requires immediate handling to avoid greater negative impacts. (Meiningsih 2018)

The Youth Red Cross activity program at SMK Negeri 1 Bengalon has a very important urgency in the world of education, especially in shaping the character of the younger generation. The Youth Red Cross activity program also at SMK Negeri 1 Bengalon provides opportunities for adolescents to practice leadership and independence. Through the various responsibilities given, such as being a group leader or person in charge of activities, students are taught how to make the right decisions in emergency situations. These skills are not only beneficial in the context of first aid, but also very useful in everyday life.

Based on the results of an interview with Robert Saputra as a member of the Youth Red Cross of SMK Negeri 1 Bengalon, he said that the Youth Red Cross extracurricular activity is a youth organization engaged in the humanitarian and health fields. Youth Red Cross activities can provide positive social relationships because of the things that are useful and helpful. The Youth Red Cross should exist because it plays an important role in shaping students' characters to be caring and responsible. One of the benefits or objectives of the Youth Red Cross is to develop first aid skills.

The Youth Red Cross activity program at SMK Negeri 1 Bengalon has a very important urgency in the world of education, especially in shaping the character of the younger generation. Based on the results of an interview with Mrs. Nurhaedah, S.Kom as the Youth Red Cross coach of SMK Negeri 1 Bengalon, she said that in addition to First Aid training and disaster management which trains students to be alert and responsive

in providing assistance to victims, fostering a sense of responsibility, the Youth Red Cross activity program has instilled humanitarian values and reflection activities that strengthen understanding of the importance of helping and willing to sacrifice. The combination of these programs comprehensively shapes students who are caring, responsive, and ready to help others, in accordance with the principle of Ta'awun. One of these programs is a combined exercise and simulation that tests members' ability to apply knowledge and skills in emergency situations.

In this case, Azzamilah as a member of the Youth Red Cross of SMK Negeri 1 Bengalon also said that activity programs such as the Youth Red Cross play a big role in teaching social values, humanity, and togetherness to teenagers. Another urgency of the Youth Red Cross activity program is in shaping their ta'awun or helping behavior. As part of the International Red Cross and Red Crescent movement, the Youth Red Cross teaches its students universal values of humanity, neutrality and self-reliance.

This is in line with the goals of education in Indonesia, which also aims to produce a young generation that is globally minded but still has a strong national identity. By getting involved in the Youth Red Cross, students not only contribute to the local community, but also understand their role as part of the global community.(Prahesty and Suwanda 2016)

Thus, based on the results of interviews from the head of the Indonesian Red Cross headquarters, the principal, the Youth Red Cross coach, and Youth Red Cross members at SMK Negeri 1 Bengalon, researchers can conclude that the Youth Red Cross activities are very relevant in building ta'awun character or mutual help behavior in adolescents. The values contained in the Youth Red Cross program, such as solidarity, cooperation, and concern for others, can encourage students to develop a sense of empathy and social responsibility.

The urgency of Youth Red Cross extracurricular activities in shaping Ta'awun behavior at SMKN 1 Bengalon can provide the benefits of knowledge and self-development, the need to instill humanitarian values to students so that they can form ta'awun behavior. By introducing extracurricular activities, the Youth Red Cross can foster a social spirit and care for others.

#### **DISCUSSION**

### 1. Ta'awun Behavior of Students at SMK Negeri 1 Bengalon

From the results of the data presentation, the researcher drew a temporary conclusion that the students' ta'awun behavior arises from students' awareness of the importance of caring for each other, which is supported by character building from teachers and positive habituation in the school environment. This conclusion was then verified by comparing findings from various data sources, including direct observation, interviews with the principal, Youth Red Cross coach, Youth Red Cross students of SMK Negeri 1 Bengalon, and documentation of school activities. The verification results show that the three forms of ta'awun are carried out consistently.

First, providing donations to learners who are affected by disasters. In Nida's view, ta'awun is not only about physical assistance, but also includes moral support and empathy for others (Khoirun Nida 2013). Giving donations to students who are affected by a disaster is one of the ta'awun behaviors and praiseworthy traits in Islam because it has eased the burden or difficulty of people who get disaster. In this case, the activity of making donations to students affected by the disaster can also help other students to develop ta'awun behavior which is very important in everyday life. Learners can learn about the importance of working together, communicating, and empathizing with others in the face of disaster. Thus, it can help learners to develop social and emotional skills which are very important in daily life.

Second, providing first aid to students who need medical assistance. In shaping ta'awun behavior, students of SMK Negeri 1 Bengalon always pay attention to other aspects such as empathy, care, and patience. For example, paying attention to the feelings of learners who need medical assistance and providing appropriate emotional support. Thus, it can help these students and also form ta'awun behavior in themselves. Thus, shaping ta'awun behavior by providing help to learners who need medical assistance can be an effective way to shape ta'awun character and help learners become more caring and empathetic towards others.(Ibrahim and Adam 2021)

Third, providing health counseling to fellow students. Forming ta'awun behavior in learners can be done through various ways, one of which is by providing health counseling to fellow learners. In providing health counseling, it can be started by identifying health topics that are relevant to the daily lives of learners. For example, providing counseling on how to avoid infectious diseases or how to manage stress (Puspasari et al. 2023). Thus, learners can gain useful knowledge and skills to take care of their own health and help others.

# 2. Youth Red Cross Extracurricular Activity Program in Shaping Students' Ta'awun Behavior at SMK Negeri 1 Bengalon

Based on the whole analysis process, it can be concluded that the extracurricular activities of the Youth Red Cross at SMK Negeri 1 Bengalon contribute significantly to shaping students' ta'awun behavior through the process of social learning and behavior reinforcement. Students' involvement in various humanitarian actions directly strengthens the values of caring, empathy, and mutual cooperation so that ta'awun behavior is formed. The theory of behaviorism from Skinner and Pavlov reinforces that habituation and reinforcement play a role in forming positive habits in a sustainable manner. With the support of a conducive school environment, the Youth Red Cross is an effective vehicle in shaping the character of students who are responsible and ready to help others. The youth red cross activity program that shapes ta'awun behavior are:

First, developing the character of the Red Cross. Youth Red Cross is one of the extracurricular and popular organizations that usually exist in every school and is engaged in the health sector. Every student or teenager who wants to join the Youth Red

Cross is important to know the main purpose of building and developing the character of the Red Cross in order to be ready to become an Indonesian Red Cross volunteer in the future. Youth Red Cross activity programs are very relevant in building the character of ta'awun, or mutual help behavior, in teenagers. The values contained in the Youth Red Cross program, such as solidarity, cooperation, and concern for others, can encourage students to develop a sense of empathy and social responsibility. Through disaster simulation and first aid activities, students are taught how to play an active role in helping others regardless of background, religion, or ethnicity.(Listiana, Effendi, and Oktarina 2019)

Second, training first aid skills. Learners who are members of the Youth Red Cross extracurricular program at school can be equipped with knowledge about the first handling of accidents at school, so that if an accident or injury occurs at school, learners can carry out the first handling before the victim is taken to a further health facility. Knowledge, skills and attitudes of the helper will affect the speed and accuracy in performing help. Thus, learners as members of the Youth Red Cross can competently help people with emergencies. (Nekada and Wiyani 2020)

Third, it fosters a humanitarian spirit. According to Utami, who stated that PMR is a forum for students to develop first aid skills, health, and social care, as well as instill solidarity and humanitarian values early on. So as to foster the spirit of humanity and humanitarian values without having to differentiate. The Youth Red Cross plays a role in spreading knowledge and understanding of humanity to teenagers. The Youth Red Cross extracurricular program of the PMI organization provides education on emergency relief, disaster management, first aid, and other humanitarian values. Through various trainings and workshops, students are taught to understand and appreciate differences, and respond wisely in difficult situations. (Sukmawati 2016)

The Youth Red Cross extracurricular activity program is to develop the character of martyrdom, train skills, and foster the spirit of humanity. The Youth Red Cross activity program is designed to instill humanitarian values and care through various activities, namely routine training covering first aid, disaster management, and basic health care materials that equip Youth Red Cross members with the skills to help others in emergency situations.

In addition, the Youth Red Cross activity program also provides opportunities for students to practice leadership and independence. Through the various responsibilities given, such as being a group leader or person in charge of activities, students are taught how to make the right decisions in emergency situations. Thus, the Youth Red Cross extracurricular activity program can foster a humanitarian spirit.

## 3. The Urgency of the Youth Red Cross Extracurricular Activity Program in Shaping the Ta'awun Behavior of Students at SMK Negeri 1 Bengalon

Extracurricular activities in the school environment have an important role in developing the character of students, one of which is through the Youth Red Cross extracurricular activities. At SMK Negeri 1 Bengalon, the Youth Red Cross is not only a

forum for developing first aid skills and disaster preparedness, but also a medium for the formation of strong social values. With the foundation of humanitarian principles, Youth Red Cross activities encourage students to be active in social activities and care for others, which is very relevant to the values of ta'awun or mutual help in Islam.

The urgency of forming ta'awun behavior in students can be seen from the context of an increasingly complex and dynamic society. In an increasingly complex society, individuals must have the ability to work together and help others in facing various challenges. Thus, in shaping ta'awun behavior in learners can help them become more prepared and more capable in facing the challenges that exist in society.

The urgency of the Youth Red Cross program lies in its ability to create a learning environment that forms the habit of helping others. According to B.F. Skinner, human behavior can be shaped and reinforced through reinforcement. In Youth Red Cross activities, helping behavior is reinforced through social rewards, praise, and feelings of pride when helping others. In addition, according to Ivan Pavlov, students who engage in helping activities repeatedly will associate certain social situations with empathic responses, thus forming patterns of behavior that appear automatically in similar contexts. The Youth Red Cross provides actualization space for students to apply moral values through concrete actions in social life. (Daulay and Karneli 2024)

In implementing the Youth Red Cross activity program, schools and other organizations can work together to shape ta'awun behavior in students. Thus, the Youth Red Cross activity program can be more effective and more impactful in shaping ta'awun character and helping learners become more caring and empathetic towards others. This can also help instill human values such as caring, empathy, and patience in learners.

### **CONCLUSION**

At SMK Negeri 1 Bengalon, almost all students can implement ta'awun behavior in their daily lives, especially in the school environment. The ta'awun behavior carried out by most of the students of SMK Negeri 1 Bengalon is giving donations to students affected by the disaster, providing first aid to students who need medical assistance, and providing health counseling to fellow students where the ta'awun behavior of SMK Negeri 1 Bengalon students is one of the youth red cross extracurricular activity programs. Thus, it can be concluded that the Youth Red Cross extracurricular activity program has a high urgency in shaping ta'awun behavior among students. This activity not only meets the needs of skill development and social responsibility, but also becomes a vehicle for value learning through social, behavioral, and cognitive approaches. The urgency of PMR lies not only in the medical aspect, but also in the formation of caring, empathic, and responsible characters which are important foundations in character education in schools.

From the discussion that has been reviewed above, the authors advise the school to give freedom to students as members of the Youth Red Cross in programming PMR extracurricular activities by providing supporting facilities and infrastructure so that these activities can be carried out properly. Then, for students to be more diligent in participating in extracurricular youth red cross, it can form ta'awun behavior in themselves. There needs

to be seriousness in participating in PMR extracurricular activities because the activity program that will be carried out is related to health both in the school environment and the community.

From the discussion that has been reviewed above, the author suggests that the school should grant freedom to students as members of the Red Cross Youth in programming PMR extracurricular activities by providing supporting facilities and infrastructure so that these activities can be carried out well. Then, for the students to be more diligent in participating in the Red Cross Youth extracurricular activities, they can cultivate a sense of cooperation within themselves. There needs to be seriousness in participating in the PMR extracurricular activities because the programs to be carried out are related to health, both in the school environment and in the community.

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